

BRIEF INTERVENTION COURSE (BIC 312)

Cyberbullying

COURSE DESCRIPTION

The *Cyberbullying* Brief course defines different kinds of bullying, and will challenge students to take more responsibility for their digital interactions. Students taking this course will be more aware of their values, attitudes, and beliefs, and some common reasons for bullying. The course material highlights the negative effects of bullying for both the victim and perpetrator, as it helps students identify underlying thinking errors that lead to negative behavior.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Equip students with thinking skills to avoid negative interactions through the internet
- Student will learn how to better manage their online activities
- Students will develop identification skills to better observe and respond effectively to digital bullying

RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Live Instruction**—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning
Item Number: BIC 312
eLearning Length: 40 Slides
Scientific Model: Cognitive Restructuring

STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices

eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

The way we treat others is a reflection of how we treat ourselves.