



#### COURSE OVERVIEW

# Marijuana Awareness

Available in workbookAvailable in eLearning

ITEM # W 115

## **COURSE DESCRIPTION**

This course presents the possible negative effects of using marijuana, allowing individuals to make a more informed decision on whether to use or not.

The marijuana awareness course is presented in a story format. It follows the lives of several people who use marijuana and the results of their usage. Its focus is to offer cognitive thinking skills that will allow the person to make correct decisions concerning their usage. It avoids contention and allows the individual to make their own decisions.

#### **LEARNING OBJECTIVES & SKILL DEVELOPMENT**

- Risk of marijuana abuse
- Personal responsibility
- Self-awareness
- Positive subconscious thoughts
- Pro-social values

### **RECOMMENDED USES**

- Self-Directed—Student does most of the course work independently with a peer or mentor
- Group—To be completed in a group setting with a facilitator
- **Hybrid**—A combination of self-directed learning and group instruction

## **CRIMINOGENIC NEEDS MET**

- 1. Antisocial cognitions
- 2. Antisocial companions
- 3. Antisocial personalities
- 4. Family relationships
- 5. Addictions

#### **COURSE INFORMATION**

Course Format: eLearning and Printed WorkbookeLearning Length: 168 SlidesIteScientific Model: Cognitive RestructuringWaAuthor and Publisher: ACCI LifeskillsCo

Item Number: W 115 Workbook Pages: 24 Course Length: 6–8 hours



## **COURSE CONTENT**

**UNIT 1: TRISTAN** Follows the life of Tristan as he struggles with marijuana and other drugs.

#### UNIT 2: MARIJUANA

Discusses the mental and physical effects of using marijuana.

UNIT 3: COLTON Fictional account of people struggling with their addictions.

UNIT 4: FREEDOM VS CAPTIVITY Consequences of choosing to use illegal drugs.

UNIT 5: RECOVERY Discusses recovery from drug addiction in a story format.

#### UNIT 6: COGNITIVE THOUGHTS

Demonstrates how thoughts precede behaviors.

UNIT 7: MANAGING LIFE Responsibility and pro-activity.

## **PURCHASE OPTIONS**

- 1. License to reprint
- 2. Individual courses
- 3. Customized eLearning platform
- 4. Parent enrollment
- 5. School referral

#### elearning activities

- Self-assessments
- Scenario-based learning
- Application and skill building
- Self-reflection
- Role playing
- Discussion with coach
- Focused journaling